

## GLUTEN FREE BREAKFAST MENU

### FRUIT

<b>MIXED FRUIT PLATE</b>	<b>15</b>
sliced fruits and berries	
<b>CHILLED RUBY RED GRAPEFRUIT</b>	<b>9</b>
ginger syrup	

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### EGGS

<b>©TWO EGGS ANY STYLE</b>	<b>16</b>
choice of bacon, ham, pork or chicken sausage	
<b>©THREE EGG OMELETTE</b>	<b>18</b>
choice of bacon, ham, pork or chicken sausage	

**\*\*ABOVE SERVED WITH GRILLED TOMATO AND BREAKFAST POTATOES**

<b>©LOW CHOLESTEROL FRITTATA</b>	<b>16</b>
oven dried tomatoes, fresh mozzarella, basil leaves	
<b>©ATLANTIC SMOKED SALMON FRITTATA</b>	<b>19</b>
goat cheese, dill, asparagus	

**\*\* ALL ITEMS SERVED WITH GLUTEN FREE TOAST**

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### TO ADD:

APPLEWOOD SMOKED BACON/BLACK FOREST HAM	6
CHICKEN AND APPLE SAUSAGE	6
YOGURT/PLAIN/ASSORTED	6
COUNTRY FRIED POTATOES	6
GLUTEN FREE TOAST	6

## GLUTEN FREE BREAKFAST MENU

<b>AMERICAN BREAKFAST</b>	<b>27</b>
<b>©TWO EGGS-ANY STYLE</b>	
choice of bacon, ham or chicken sausage	
gluten free toast	
freshly squeezed orange or grapefruit juice	
freshly brewed coffee, decaffeinated coffee or tea	

<b>CONTINENTAL BREAKFAST</b>	<b>20</b>
gluten free toast	
freshly squeezed orange or grapefruit juice	
freshly brewed coffee, decaffeinated coffee or tea	

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### COLD BEVERAGES

<b>JUICE OF THE DAY/FRUIT/VEGETABLE JUICE</b>	<b>6</b>
juice of the day, freshly squeezed orange or grapefruit apple, pineapple or cranberry juice	
V-8, carrot or tomato juice	

<b>SMOOTHIE</b>	<b>8</b>
mixed berry protein smoothie	

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### COFFEE BEVERAGES

<b>FRESHLY BREWED COFFEE/DECAF COFFEE</b>	<b>6</b>
Illy filtered coffee	
<b>ESPRESSO</b>	<b>5</b>
the essence of coffee, in its purest form	
<b>MACCHIATO</b>	<b>5</b>
Espresso coffee topped with a dollop of foamed milk	
<b>CAPPUCCINO</b>	<b>6</b>
espresso coffee and equal parts of steamed milk and foam	
<b>CAFÉ MOCHA</b>	<b>6</b>
espresso coffee, steamed milk and chocolate	
<b>CAFÉ LATTE</b>	<b>6</b>
espresso coffee and steamed milk with a touch of foam	
<b>AMERICANO</b>	<b>5</b>
espresso coffee combined with hot water for a richly flavored cup of coffee	
<b>ICED CAFÉ SHAKERATO</b>	<b>6</b>
espresso coffee and milk, shaken with ice	

EXECUTIVE CHEF BROOKE VOSIKA

© Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness